

FIVE DRAGONS MARTIAL ARTS SCHEDULE OF CLASSES

1005 Cleveland Ave. Santa Rosa, CA 95401

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KIDS SCHEDULE	KIDS SCHEDULE	KIDS SCHEDULE	KIDS SCHEDULE	KIDS SCHEDULE <i>NO CLASS ON TEST DAYS</i>	KIDS SCHEDULE
4:30 - 5:00 Beginning Geckos	4:30 - 5:00 Junior Kids/ Adv. Geckos (purple and blue)	4:30 - 5:00 Beginning Geckos	4:30 - 5:00 Junior Kids/ Adv. Geckos (purple and blue)	4:30 - 5:00 Beginning Geckos	10:30-11:00 All Geckos
5:30 - 6:15 Beg. / Intermediate Kids	5:30 - 6:15 Beg. Kids	5:30 - 6:15 Kids - Sparring Skills	5:30 - 6:15 Beg / Intermediate Kids	5:30 - 6:15 Kids Grappling	11:00 - 11:45 All Belt
6:15 - 7:00 Adv Kids	6:15 - 7:00 Int. / Adv. Kids	6:15 - 7:00 Sparring (orange and up)	6:15 - 7:00 Advanced Kids		
ADULT SCHEDULE	ADULT SCHEDULE	ADULT SCHEDULE	ADULT SCHEDULE	ADULT SCHEDULE	ADULT SCHEDULE
	12:00 - 12:45 DAY CLASS -All Belts	12:00 - 12:45 Adult Conditioning	12:00 - 12:45 DAY CLASS -All Belts	NO CLASS ON TEST DAYS	12:00 - 1:00 Adult All Belt
7:00 - 8:15 Beg / Int Adult	7:00 - 8:15 Adult All	7:00 - 7:45 Adult Grappling	7:00 - 8:15 Adult All	6:15 - 7:15 Advanced Adult	
		7:45 - 8:30 Adult Kickboxing			
Private Lessons 3:00, 3:30, 4:00, 5:00	Private Lessons 3:00, 3:30, 4:00, 5:00	Private Lessons 3:00, 3:30, 4:00, 5:00	Private Lessons 3:00, 3:30, 4:00, 5:00	Private Lessons 3:00, 3:30, 4:00, 5:00	2008 Belt Tests Jan. 18, Feb.15, March 21, April 18 May 16, June 20 July 18, Aug. 15 Sep. 19, Oct. 17 Nov. 21, Dec. 19
Belt Testing is on third Friday of each month. NO CLASS ON TEST DAYS					
Kids & Geckos Testing - 5:30 to 7:00 Adult Testing - 7:30 to 9:00					
*Belt Test dates may change. Times are approximate.					